

Phil. 312: Oriental Philosophy

Kinds of Yoga

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Directions: Match the kinds of yoga in *Column 2* with the most appropriate characteristics in *Column 1* by placing the number or numbers in the blank spaces provided.

<i>Column 1</i>	<i>Column 2</i>
----- Hatha Yoga	1. Personality of God indispensable.
	2. Actions taken imprint on the mind.
----- Jnana Yoga	3. Way of knowledge for intellectuals.
	4. Meditative psychological experiment.
----- Bhakti Yoga	5. Preliminary to forms of spiritual yogas.
	6. Worship of God as one's chosen ideal.
----- Karma Yoga	7. Mastery of concentration and meditation.
	8. Work without attachments.
----- Raja Yoga	9. Mastery and control over the body.
	10. Most appealing to the reflective temperament.

NAME -----