

Quiz: Four Noble Truths Answers

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Directions: Match the descriptions in *Column 2* with the most appropriate Noble Truth in *Column 1* by placing the number *or numbers* in the blank spaces provided.

Column 1

_____ 2, 7 _____
First Noble Truth

_____ 4, 5, 6 _____
Second Noble Truth

_____ 8 _____
Third Noble Truth

_____ 1, 3 _____
Fourth Noble Truth

Column 2

1. The Eightfold Path is the method to overcome the suffering caused by selfish craving.

2. Life is suffering.

3. The program of specific steps to overcome life's dislocations.

4. Excessive concern with self is a cause of suffering or *tanha*.

5. *Tanha* or the private desires of the individual is the cause of suffering.

6. The cause of suffering is selfish craving.

7. The trauma of birth and sickness and disease are all part of life.

8. The cure for suffering is to overcome selfish desire.

Name _____