

Quiz: Self and Atman Answers

1

Directions: Carefully study statements 1-10. Decide whether each statement is true or false for many kinds of Hinduism, and in the spaces provided write the word “true” or the word “false” in accordance with your decision.

1. _____ **True** _____ Our personality is part of our empirical self.
2. _____ **True** _____ Our soul or Big Self is Atman.
3. _____ **False** _____ Our superego or conscience is part of Atman.
4. _____ **True** _____ Our hobbies, career, and interests are part of the empirical self.
5. _____ **True** _____ What we are, apart from what we do, is part of the Big Self.
6. _____ **True** _____ Each individual soul in human beings is essentially the same.
7. _____ **True** _____ The essence of what we are is essentially Atman.
8. _____ **True** _____ The empirical ego and the everyday self is our personality and character.
9. _____ **True** _____ Atman or Big Self is the supposed carrier of *karma*.
10. _____ **False** _____ The self which is sought in meditation is the empirical or everyday self.

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