

# Quiz: Self and Atman

1

*Directions:* Carefully study statements 1-10. Decide whether each statement is true or false for many kinds of Hinduism, and in the spaces provided write the word “true” or the word “false” in accordance with your decision.

1. \_\_\_\_\_ Our personality is part of our empirical self.
2. \_\_\_\_\_ Our soul or Big Self is Atman.
3. \_\_\_\_\_ Our superego or conscience is part of Atman.
4. \_\_\_\_\_ Our hobbies, career, and interests are part of the empirical self.
5. \_\_\_\_\_ What we are, apart from what we do, is part of the Big Self.
6. \_\_\_\_\_ Each individual soul in human beings is essentially the same.
7. \_\_\_\_\_ The essence of what we are is essentially Atman.
8. \_\_\_\_\_ The empirical ego and the everyday self is our personality and character.
9. \_\_\_\_\_ Atman or Big Self is the supposed carrier of *karma*.
10. \_\_\_\_\_ The self which is sought in meditation is the empirical or everyday self.

NAME \_\_\_\_\_